

## Wa Shonaji Looks Forward to 2021

Join us for our 2020 Holiday Zoom Meeting, 11 a.m. this Saturday, Dec. 5. President Geneva Lottie will email the link in the next day or so. If you're not sure how to Zoom, contact Geneva. You can use your desktop computer, your laptop, or your landline phone.

Connie Turner has agreed to serve as Librarian for 2021 so members will vote on that office. Then settle in with your lunch or a snack and enjoy Show 'n Share, some 2020 BOM quilts, and a presentation of "Leftovers" by Marcia Walker and Mary Lassiter.

### **Future Meetings**

January 9, 2021: Luana Rubin, Owner of eQuilter (www.eQuilter.com), will present "Trends in Contemporary Quilting." A ZOOM activity.

January 2021: Begin new Block of the Month. Sew Simple Quilt Shoppe BOM. See page 3 for details. <a href="https://sewsimplequilts/Block-of-the-month.htm">https://sewsimplequilts/Block-of-the-month.htm</a>

February 6, 2021: Lisa Sheppard, Owner of Cultured Expressions in New Jersey, will present a **trunk show** including a talk on African Fabrics. *Note:* This ZOOM webinar event will be held at **4:00 pm.** 

March 14, 2021: Celebration of National Quilting Day (actually March

20) *Where Quilters Gather*. Work on individual projects. Also, Show 'n Share activity led by Mary Lassiter.

April 3, 2021: TBD
May 1, 2021: Janet Finley, English Paper Piecing
June 5, 2021: Mary
Sharp, Beading and Quilting
July 10, 2021: Artie Johnson, Bowl Caddies

Please send a photo by tomorrow morning (Dec 1) of your completed Christmas quilts/projects (don't have to be new!) and your finished Block of the Month quilt to Linda White for Dec 5 Show n Share: h2olou3000@gmail.com

#### **Inside This Issue**

ALL IN-PERSON MEETINGS/
EVENTS CANCELLED TILL
FURTHER NOTICE

Preside	ent's Corner	2
2021 R	oad Trip BOM	.3
	er's Christmas Cla olyn Somerville	
	Edwards Remem	
A Chris	tmas (Quilt) Carol	by

De	ece	mb	er, Ja	nuary	Birthdays
					10

Chris Jacques .....

De Lois Powell Recalls a

Christmas Cactus	11
How to Apply Binding by	

	٦,٠٣	۲.7	 0	~ ,	
Machir	ie		 		12

N	ews	Bits	'n	Pieces		14
---	-----	------	----	--------	--	----

Stay-at-Home Recipe 15
eQuilter Fabric Still Available
from Joanne Walton 15

### **Upcoming Programs**

- December 5—Holiday Zoom meeting , "Leftovers"
- January 9—Luana Rubin (eQuilter) at our first meeting in 2021!

## President's Corner

Hi Members,

2020 was a very difficult year for all of us, however, we all found ways to celebrate the art of quilting and fellowship with others in our quilt guild. I want to take this opportunity to thank everyone in the Wa Shonaji Quilt Guild for their support of the Guild and their attendance at the new way we meet - the Zoom meetings. The next Zoom meeting will be on December 5, and we will be having a Christmas Party.

I look forward to 2021 to see the quilts members of the Guild have created during our confine-

ment in the house. Mary Lassiter has scheduled some great classes for 2021 at which we can learn something new in quilting. I am trying to teach myself how to "machine quilt" and look forward to the class on machine quilting. Keep quilting and I hope to see Guild members at the meeting on December 5.

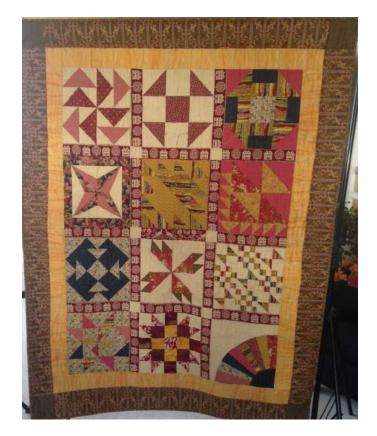
Stay safe and keep quilting!
—Geneva Lottie, President

## Sharing

Paula Clifton: I've been off the grid for several months. COVID fatigue seems to have found its way into my space and motivation for follow-through has been a challenge! I miss the spontaneity of just going out without a plan, and at the same time, I am paying closer attention to what is going on in the neighborhood I've lived in for 49 years. Bill and I have stayed healthy and my immediate family has been healthy. For that, I'm grateful each day.

Joanne Walton: I finished my block of the month quilt! (See more BOMs at the Wa Shonaji meeting this Saturday!)





## 2021 BOM Takes a "Road Trip!

Hello BOMers!

We're fast approaching a new year and a new approach to accomplishing our 2021 block of the months. We're going on a "ROAD TRIP" beginning with a simplified half-square triangle. There are twelve 12-1/2" blocks with beginning instructions the same for all blocks; very simple, but looks complicated, fun to put together, which is perfect for these trying times.

Each participant MUST copy the directions from the Internet. All blocks through 11 are on the site now; the last one (#12) should be posted this week. I suggest you copy all directions in the next month or so in case they are removed early.

The first finished block will be due in January. Thereafter, you will be notified as to which block will be due when and other pertinent data. If you'd like to participate, email or phone me by **Dec 15** so I have a record of who to send info to.

This is a fun project. Let me know if there are any questions or comments.

ROAD TRIP — Sew Simple Quilt Shoppe <a href="https://sewsimplequilts.com/block-of-the-month.htm">https://sewsimplequilts.com/block-of-the-month.htm</a>

Have a quilting good time! Artie

























As children we would hear the wonderful poem by Clement Clarke Moore, written in 1823. Thinking about the poem from a Quilter's state of mind, I played around with the words and came up with this.

## 'Twas the Night Before a Quilter's Christmas

By Carolyn Somerville

'Twas the night before Christmas, when all through my house

Not a creature disrupted the snore of my spouse.

The stockings were hung by the fireplace with care, down the stairs, the door knob, stockings hung everywhere!

The children were nestled, quilts pulled to their heads, Gifts piled by the tree, even Junior's new sled.

While everyone's sleeping, I jumped up, "oh crap!" I shook myself up from a much needed nap!

I rushed down the hallway and made such a clatter, my husband woke up yelling, "What is the matter?"

Away to my craft room I flew like a flash, tore open the door and went straight to my stash.

The moon on the breast of the new-fallen snow, shined its light through the window, to fabrics below.

And why was I startled awake in such fear? I'd forgotten a gift for my neighbor this year!

It was ten past eleven; I'd need to think quick. I want something nice; she's a fussy, sweet chick.

More rapid than eagles, the quilt ideas came, I thought of guild members, I could call by name:

Call Brenda! Call Linda! Call Artie or Karen? Camilla, Milinda, De Lois or Sharon?

A quilt top premade, for a lap or a wall, In a pinch, in a hurry, who'd answer my call?

Of course none of them would be up at this hour. I'll need to make use of my "super quilt" power!

So straight to the charm squares and panels I flew, and spare blocks from projects that still looked brand new!

And then, in a twinkling, I heard a car park, and wondered who's ringing my bell in the dark?

So I exit the closet, and turning around, Through the doorway my quilt sister came with a bound! She was dressed all in fur, from her head to her foot, Clown pajamas with boots? Not a very smart look.

A bundle of quilt tops were flung on her back, And she looked like a peddler, just opening her sack.

Her eyes—how they twinkled! Her smile, just like Mary!

"Did you make a quilt for your neighbor, Miss Sherry?"



We laughed out a laugh only quilt sisters know. "Girl, I just woke up and was beginning to sew!"

She smiled as she pulled out quilt tops, piece by piece,

held them up as I let out a sigh of relief!

"She likes blue... no, I believe pink is her color."
"We have red or green so choose one or the other!"

The red one was sure to please sweet old Miss Sherry. At Thanksgiving she'd lost her last brother, Harry.

With a smile in her heart and a nod of her head, My sister would help, I had nothing to dread.

With laughter and singing, we went straight to our work.

Pinned on batting and backing, with no time to shirk!

A few pins for basting, and straightening the lines. We took our turns quilting it in record time!

As I wrapped it and tied the quilt up with a bow, With a warm sister hug, I said, "I love you so!"

And I heard her exclaim, as she drove out of sight... "Merry Christmas, we'll be back for dinner tonight!"



## A 2008 Christmas BOM

Camilla Edwards sent this reminder of a Block of the Month from the past. This photo was featured in the March/ April 2010 issue of Quiltmaker magazine. The quilt was designed by Canadian quilter Susie M. Robbins.

As Quiltmaker captioned the photo, "The Rocky Mountain Wa Shonaji Quilt Guild of Denver, Colorado, chose the '12 Days of Christmas,' the 2003–2004 series (Nos. 94-100) for our 2008 block of the month project. Members proudly displaying their finished quilts are (row 1) Julia Payne, Iris Hawkins, Artie Johnson, and Camilla Edwards; (row 2) Mary Lassiter, Cassandra Williams, Milinda Walker, Eloise Hawkins, and Joanne Walton.



A closer look... This is Joanne Walton's.



## Sister Stitcher

Have you met Sister Stitcher? She is a mythical quilter whose quarter inch never wavers, whose bobbin never runs out, and who finishes her projects on time. She lives in a house that never needs cleaning, with a spouse who cooks and holds up quilts as requested. Her studio space measures 100x100, with lots of natural light. Oddly enough, it never needs cleaning either.

Just before Christmas, Sister was tied up and locked in a closet by her evil twin, Sister DitchHer. But SD is about to be as surprised as Scrooge was on Christmas Eve.

## A Christmas (Quilt) Carol

## A gift to Wa Shonaji members from Christine Jacques

There was no question that the room was cold. The moon could hardly shine through the frost on the windows, because its occupant refused to spend money on heat. As with any good quilter, its occupant, Sister DitchHer, enthusiastically supported her quilting habit. Her fabric stash rivalled the Missouri Star Quilt Company's hallowed halls. Moda Marbles, tropical batiks, Ankara and wax prints bought in the Balogun Market, Cotton+Steel, Tula Pink ... And there was more. Sister DitchHer had a Q 20 longarm, rolls of batting, cones of Presencia in every color, and more rulers than you can count. A Rowenta Perfect Steam Station reigned over a Big Board.

The spacious room could have held many hen parties. But on Christmas Eve, Sister was alone, all alone. Sister DitchHer had no friends. Long ago, as a new quilter, Sister had joined a guild. Members welcomed her warmly, teaching her the tricks and tips, taking her to Shop Hops, and smiling at her first uneven stitches. But Sister did not return the favor. On her first and only retreat, she jealously guarded HER rotary cutter, HER iron, and HER snacks. She snapped at one Retreater who touched a yard of muslin in HER pile. Members greeted her less enthusiastically when she came to meetings. She hardly noticed, bedazzled as she was by the textile glories that were just a credit card away. Yes, she had more fabric than friends, and Sister DitchHer would not have had it any other way.



On this Christmas Eve, Sister was in her favorite place: the floor of her sewing room, running her hand over her stash. Suddenly the door blew open. A tiny sprite, clad in an unseasonable but lovely pink organza, danced in. SD could only stare at this creature from another world. "Who are you? What do you want with my textiles?" she screamed, brandishing a 6x24 Creative Grids ruler.

"I am the Sprite of Projects Past," the fairy caroled in a voice like a silver bell. "Walk with me, Sister, and I will remind you of joys gone by." Over SD's protests, the Sprite took her hand, and off they went, into a veritable moving gallery of Sister's happy days.



"Why, Sprite, there I am with my guild!" And so it was. The Sprite and SD passed through happy Show and Shares and merry Holiday Luncheons, with goofy gift exchanges. The pair giggled over the fun times. But Sister stopped abruptly at the Joann's cutting table, where a younger Sister and other lined-up quilters had been admiring one another's choices.

"JOANN's! I would not set foot in a Joann's! How *tacky*!"

"You were happy enough, Sister, to use your coupons, and to accept a ride from your guild sisters," the Sprite said softly.

"Not any more, Sprite! I do not work with anything less than Hoffman! My hands touch only a *Bernina*! Take me from this miserable place at once!"

"Very well," the Sprite trilled. With a sigh, she spirited Sister back to her home turf. Sister felt a twinge as she turned from the laughing circle trying to do Mr. And Mrs. Wright, but no matter, she thought. Back to her glorious stash.



Sister was just fingering some Razzle Dazzle when the door opened again. It admitted a sturdily built African American woman draped in a colorful kente, with graying hair and kind eyes. A tape measure was around her neck, Karen Kay Buckley snips hung from a lanyard, and a block or two poked from her pocket. Had Sister not known better, she would have sworn it was Carolyn Mazloomi.

"Greetings, Sister. I am the Spirit of Projects Present," the woman intoned.



"Projects Present? You have come to the right place, Spirit," Sister replied. "I have enough fabric, batting and notions to complete any project you have. What do you bring me?"

"You have it all, Sister. I can bring you nothing. Rather, I will take you to other voices, other rooms. Take hold of my tape measure," the Spirit answered.

Now they were flying by design walls where happy quilters were auditioning blocks; past a proud grandmother guiding her grandchild's hands on her old Singer; through the chattering crowds at Quilt Market, stopping finally at Sister's local Quilt Shop. The staff had just locked the door and were enjoying some well-earned eggnog before they went home.

"What a great day! Not last year's numbers, but we made some sales. Did you really give Sister DitchHer another 10 percent off her purchase today, Susan?" one said.

"I did, Debbie. We need all the customers we can get, even the ones who show up only once a year. It certainly wasn't for her winning ways, I can tell you that."

"The Lord shorted her there, all right; no one looks forward to cleaning up after she's scattered bolts all over. She made me stop and cut a fat quarter for her when the line at the cash register was two deep. And have you ever seen her smile?"

Susan snorted. "I'd love to make good on her name and Ditch Her! But she spends a lot of money on her rare visits and we can't do without her business. You know we'll have to close after tax season if things don't look up."

The two fell silent, knowing how thin their profit margins were and how bleak the coming months might be. Sister turned to the Spirit.

"Well, times are tough all over," SD shrugged.
"I can't be responsible for their poor business practices. Have you seen how much fabric they donated to make quilts for fire evacuees? And they sponsor the girls' softball team. They don't have any classes that I can't take online. I'm not to blame if they're on a losing streak."

"Your lack of empathy disturbs me," said the Spirit. "You order from Amazon, and rarely go to your local quilt shop. You avoid your guild meetings. With your expertise, you could teach sewing classes. The community needs your participation, Sister, not just your money."

"How is that my problem?" Sister scoffed. "Is there no YouTube? Are there no sewing circles?"

In response, the Spirit emptied her pockets of two blocks. They were misshapen, stretched be-



yond use, an abomination even for beginning quilters. "Look upon these, Sister, and weep!" the Spirit said. "One is Want of a Seam Allowance. The other is Ignorance of Fabric Grain. They are the children of inexperience, inexperience that could be easily remedied with stitcher-to-stitcher advice. Beware them both, and all of their degree! After a class is over, beginning quilters have no one to compare machines with, or to help them in sisterly company."

The Spirit turned away. Her time on earth was brief, and she was exhausted. "Sister, I must leave you here. The one that comes after me will take you home." And indeed, as the Spirit slipped past Sister, a faceless figure shrouded in the blackest Kona Bay solid approached.



This ghost was silent. Sister could not see its eyes, but she was sure she was being watched. Finally she spoke.

"Tonight I have walked with the Past and with the Present. Are you the Ghost of Projects Yet to Come?"

In answer, the ghost turned away. Somehow, they were back in Sister's sewing room, in front of Sister's laptop. A YouTube video was running.

It showed a quilt guild meeting Sister had attended many months ago. Sister entered late, talking on her phone. She took a seat and went on chattering, oblivious to her neighbor's side eye. The president tried speaking loudly enough for all to hear, but was unsuccessful. "Well, other people were talking too," Sister said defensively. The ghost's silence was unnerving.

A committee meeting appeared next. The chair was counting Comfort Quilts with her members.

"We're one short. I'm afraid the women's shelter is just going to have to get along without," the chair sighed. "Sister DitchHer said she had one ready to bind," a member said. "That was six months ago," the chair replied. "We can't count on her." Sister looked embarrassed.

The video dissolved to the Exhibit Committee taking down the guild's annual show. "Look at this stain! Someone must have touched the quilt with dirty hands!" the folder gasped. Everyone gathered to examine the mark. It looked oily, as if someone had dipped a finger in ranch dressing. "It wasn't me," Sister lied.

Telepathically the ghost went to Instant Re-



play. The next scene was of Sister swaggering into the gallery with her plate of refreshments, past the **No Food Please** | **No Touching the Quilts** sign. Sister squirmed. The ghost remained impassive.

Sister's voice quavered. "Ghost of Projects Yet to Come, tell me. Are these the shadows of

the things that Will Be, or only shadows of things that May Be?"

No answer.

"Ghost, I donated a sandwich bag of scraps and a rusty pair of scissors to Goodwill."

Again no answer.

"Come on, Ghost, I made a block for the Violet Protest. Isn't that enough?"

Still no answer. Sister was becoming more frantic by the minute. An onlooker would have thought she was playing Thread Chicken with her last spool of Aurifil. And losing.

"Ghost! I demand you answer me! Am I doomed to go on unwept, unhonored, and unsung? Is there no way to make up for my lack of caring and sisterhood? Is my bobbin at its end?"

The ghost pointed to a pile of UFOs. The message was clear.

Sister clutched at the presence's robe. "Oh Ghost, spare me! I will step up to a board position with my guild! I will make my birthday quilt! I will keep silence in meetings, and I will pay attention in classes! I will share my M&Ms! One time offer, Ghost; no backsies!"

Alas, the ghost was impervious to Sister's wails. Finally, Sister slumped to the floor. All was lost. Her beloved Q 20 would be sold for scrap by her brute of a husband (who believed in heat), her fabric stash scattered to the winds, her UFOs finished by other hands.



The morning sun, rosy and gold, revealed a pile of soft flannels, cradling a sleeping Sister. She stirred and sat up, surprised to see a snowy Christmas Day. What? Had it all gone by in a

night? And could Sister really have changed in those brief hours?

She got up stiffly, and cranked up the thermostat to 70 degrees. Without a glance at her Q 20 or her glorious stash, she closed the sewing room door behind her. She went downstairs to greet her husband with a "Merry Christmas!" He was pleasantly surprised, after Sister reminded him of her name.

The first Saturday of January found Sister at her guild meeting, in the front row. Her phone was turned off. She brought a newly bound Comfort Quilt. Her hand was first up when the President called for a Hospitality Chair. Knowing the critical role of coffee in guild peace, the President hesitated. "Oh, Madame President, I haven't done anything for the guild in so long. Let me make up for my lack of attention. Let me treat the guild to Starbucks," Sister pleaded. The deal was signed, and the guild began the year with a full board.

Sister was better than her word. In the following months, her (caffeinated) guild sisters happily renewed their bonds of friendship with her, hopping from shop to shop all over the state. In turn, Sister hosted many small bees and teas in her now warm sewing room. Indeed, Sister came to be a sort of fairy godmother to her guild sisters' chil-

dren and grandchildren, patient with their crooked stitches and generous with her hugs.

The Spirits made no return visits, and that was perfectly fine for Sister. She had learned well from them in their brief hours together. Sister never again needed to be reminded of her guild's motto:



Merry Christmas! God Bless Us, Every One!

## **December, January Birthdays**

Nanci Vaughn, Dec 5

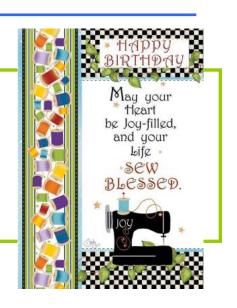
Julie Marsh, Dec 8

Stephanie Hobson, Dec 10 Edith Shelton, Dec 14 Artie Johnson, Dec 19

Di Nyce Brooks-Gough, Jan 12

Marta Barron, Jan 14

Carolyn Somerville, Jan 24



### Grandmother's Christmas Cactus Memories

Many of you may "own" quilts that represent the legacy from your aunts, your mothers, your grandmothers. While I don't actually own or have quilts made by my mom, aunties, or grandmothers, I do have loving memories of the making and the makers.

Alternatively, I proudly display this Christmas cactus (pictured), which is the legacy of my father's mother. As I was growing up, I recall that she always had several of these. It was such a joy to visit her around Christmas time and see them all-a-bloom! I asked her if she would "will" one to me when she was no longer able to care for them. I chose a special, extra blooming one, in a red-painted cooking pot. So, long before she left us, she passed my favorite red pot of Christmas cactus on to me. It journeyed with me to the Eastern Shore of Maryland and back to Virginia.

When I left Virginia, I just couldn't see it surviving in its original pot and dirt on a two-day car trip to Colorado, so I left my red pot with my cousin in the company of her own Christmas cactus collection. Worrying about leaving it behind, I tore off two sprigs, wrapped them in a wet paper towel and plastic wrap for the long journey.

Each year, early November, I move the new pot around for maximum sunlight and wait to see the first sign of blossoms... to see its faithful reminder of my grandmother... as one-by-one, its blossoms are displayed. From Virginia to Aurora to Denver and then back to Aurora, my grandmother's Christmas cactus has bloomed lovingly each year, around this time.

—De Lois M. Powell





## Apply Binding by Machine

Of course you've applied binding before, but this method takes a sticky turn!

By Lori Baker for *McCall's Quilting*, November/December 2016

Whatever method you choose to bind a quilt, be assured a nice, neat binding is noticeable, as is a lumpy, uneven binding. These instructions are for applying the binding totally by machine. It's a fast and sturdy way to finish the quilts that need to stand up o lots of handling and even laundering.

Prepare binding strips; cutting, joining, folding lengthwise and pressing as usual.

Align the raw edges of the binding with the edge of the quilt top and stitch in place on the right side of the quilt, using a 1/4" seam allowance (Photo A).



Press the binding away from the quilt center (Photo B).



With Elmer's School Glue (it's washable), run a thin bead along the inside edge of the binding (Photo C).



Fold the binding in place so it just covers the stitching line on the back of the quilt and press. The heat of the iron will dry the glue and hold the binding in place temporarily (Photo D).



From the front, stitch the binding in place. Some machines have a special foot, a bi-level topstitch foot that is helpful. With the special foot,



you can adjust the needle position to the exact place desired. The line of stitching should be very near the inside edge of the binding (Photo E).

Check to be sure the stitches are catching the folded edge of the binding on the back of the quilt. Red thread was used for easy visibility (Photo F).

Continue stitching around all four sides of the quilt to finish, mitering the binding corners as usual.







### News Bits 'n Pieces

### Call for Quilts for Colorado Wildfire Victims

Colorado Quilting Council (CQC) is working with Rocky Mountain Quilt Museum, eQuilter, Stitches (Loveland), and Ruth's Stitchery (Colorado Springs) to collect quilts for those who have lost so much in this year's wildfires.

- New and never used quilts can be dropped off at the museum in Golden, eQuilter in Boulder, Stitches in Loveland, and Ruth's Stitchery in Colorado Springs.
- All sizes of quilts are welcome; eQuilter has specifically requested bed-size quilts.
- eQuilter also has tops that need quilting.
- We're contacting several groups and individuals to assist in identifying those in need and to ensure your quilts find great homes.
- We may need help delivering quilts. More on that in the future.

Email questions to CQC President Laural Hoppes, quiltinglaural@comcast.net

### Quilt Museum Open for In-Person Visits

The Rocky Mountain Quilt Museum celebrates



its 30th Anniversary through Jan 16, 2021: Crazy Quilts and Art Quilts. Crazy Quilts—Victorian Quilts, an extraordinary collection from the RMQM Permanent Collection and from collections from Patty and Allen Brown, Rita Meyerhoff, and Kelly Gallagher-Abbott.

In the Northeast Gallery, see "Through A Lens," a solo exhibit by Kathy Suprenant, winner of the 2019 RMQM "Evolutions" Exhibition. For a taste of her work, visit Kathysuprenant.com.

RMQM is open 10:00 am – 4:00 pm, Monday through Saturday at **200 Violet Street, Suite 150, in Golden, CO.** Visit rmqm.org or call 303-277-0377 for details on all museum events.

### Many Major Shows Available to You Online

Take advantage of these opportunities to "attend" from home, take classes/lectures, shop—all with some of your favorite artists. For a general show list, visit <a href="https://www.quilts.com/quilt-festival/">www.quilts.com/quilt-festival/</a>.

## Virtual Quilt Festival (originally Quilt Festival Houston) Dec 3–5 plus SAQA's "Ebb & Flow"

Specially planned for the International Quilt show. <a href="www.saqa.com/events/ebb-flow-saqa-global-virtual-quilt-festival">www.saqa.com/events/ebb-flow-saqa-global-virtual-quilt-festival</a>

#### Diane Harris Trunk Show—Dec 5

Presented by CQC, \$10 guest fee, call Dana Jones, 720-346-3952

#### Road to California

This large show near Los Angeles goes virtual Jan 20–23, 2021. Check out options, take classes/lectures, etc. at www.road2ca.com. Small fee.

#### Ouilt Con—Feb 18-22, 2021

If you are interested in Modern Quilts or want to explore that genre, this is your chance with no travel expenses.

There will be a virtual quilt show, lectures, classes, chats, all at a minimal cost. Visit <a href="https://www.quiltcon.com/about-quiltcon">www.quiltcon.com/about-quiltcon</a> for details. Visit their website at themodernquiltguild.com for more information.

Quilt Con has photos of previous winners here – click on "quilt show "then "Quilt Con winners." www.quiltcon.com/previous-quiltcon-winners

#### Textile Talks Each Wednesday

These lectures that cover a nice variety of fiber arts and quilting are available in taped versions at <a href="https://www.saqa.com/resources/textiletalks">www.saqa.com/resources/textiletalks</a> and <a href="https://www.youtube.com/c/SAQAArtquilt">www.youtube.com/c/SAQAArtquilt</a> Sponsored by 6 quilt/fiber groups.

Much of this info is provided by Barb Gardner, GardnersDelights.com

## Berry and Walnut Salad



Combine 3 Tbsp. whole buttermilk, 1 oz. softened goat cheese (I substituted Feta), 1 tsp. honey, ½ tsp. kosher salt, 1/8 tsp. black pepper in a large bowl.

Add 4 cups spring mix greens, 1 cup quartered strawberries, ½ cup fresh blueberries, and 2 Tbsp. toasted chopped walnuts, toss and enjoy.

Serves 4

## Joanne Still Has Some eQuilter Fabric ...

Luana Rubin of eQuilter generously gifted Wa Shonaji with a carload of fabric, finished quilts we can give as Comfort Quilts, magazines, thread, etc. She also included batting, some still in its packaging; you can stitch together pieces to make the size you need for your projects.

Joanne Walton still has some of this bounty for you: to use as door prizes once we can meet in person or for Comfort Quilts or other charitable purposes. Feel free to contact Joanne at <a href="jcwlimited@msn.com">jcwlimited@msn.com</a> if you'd like to pick up some. You must be Covid-free or not exposed or have quarantined, if necessary,

"I am taking all precautions provided by the medical and scientific experts," Joanne cautioned. "Especially, since we're facing a predicted rise in cases!!!"

Marcia Walker, Mary Lassiter, and Joanne suggest that you make pillowcases for nursing homes, etc. for Christmas with some of the fabric. There is enough to make at least 100 pillowcases and still have fabric left over. There are also some *bolts* of fabric that can be used for quilt backings, etc.

"Luana is certain we will put the items she has donated to good use, whether for charitable or personal use," Joanne said. "It is very generous of her to share so much fabric with us! When possible, please support eQuilter. As you may know, a portion of their sales (2 percent) goes to Charity. www.equilter.com/"







## Memories of 2019 Holiday Luncheon

As we meet on Zoom this Saturday, Dec 5, think of our lovely Holiday Luncheons of the past and those still to come. (I'm talking about YOU, Mr. and Mrs. Wright!)



SAGE

Above: Gifts ready for exchange; at left, Susan Morrison dressed for the occasion; below, the Johnson family is in a festive mood.



## **Exhibit Committee Finds Silver Lining in 2020**

What a year it has been for Wa Shonaji as well as our personal lives! We were on a roll with a schedule for Trunk Shows in 2020 when the Pandemic hit in March.

We were able to present our Trunk Show to Columbine Quilt Guild on Jan 13, 2020 (see photos). As you may recall, we presented our very first Trunk Show to Columbine in 2008 and from there it has been a huge success. Our Trunk Shows are so different from the norm because we give a historical narrative of quilts and quilting, covering a variety of genres and timelines.



Ten Wa Shonaji members provided quilts for the Exhibit at the Aurora Municipal Building, Dec 27, 2019–Jan 22, 2020: Edith Shelton, Nannette Locke, Artie Johnson, Geneva Lottie, Stephanie Hobson, Mary Lassiter, Elorise Hawkins, DiNyce Brooks-Gough, and Joanne Walton.

Then our program was "locked down." We were going to present a Trunk Show for Susan Morrison for her Areme Chapter of the Eastern Star Organization on April 17. We, as well as Susan, were disappointed that we could not make this event happen for her.

Our Trunk Show for Boulder's Quaking Aspen Quilt Guild on June 18 was cancelled. They meet during the day, but we were prepared to present an AWESOME show to their members.

Our *Sunday at the Museum* Trunk Show at the Rocky Mountain Quilt Museum scheduled for Sept 13 has been rescheduled for 2021. We will confirm that date. We have always drawn a large audience when we have presented at the museum. Did I say Wa Shonaji is AWESOME?

Our final hurrah for the year would have been our Annual Exhibit and Opening Reception at the Blair Caldwell African American Library for the months of August and September. Being a Guild that can spin on a dime and make things happen, we were fortunate, with the AWESOME support from Alan and Linda White, to have a Virtual Exhibit that was so well received. We had outstanding support from visitors to the site who voted on the AWESOME quilts. Our themes this year were "We the People" and "Colorado Architecture-Buildings and Bridges." This exhibit was dedicated to the Honorable Congressman John Robert Lewis (Feb 21, 1940-July 17, 2020). Mr. Lewis tirelessly served his entire life as a civil rights activist and trumpeter for justice, including the voting rights.

COVID 19 did not stop us from continuing to move the Guild forward with a Zoom meeting each month and preparing and looking ahead to being more AWESOME in 2021.

Be safe and guarded as this virus is not over and it does not discriminate. Wear your mask, wash your hands, social distance, and listen to the advice of the scientific and medical experts.

—Joanne Walton



Christmas time is great because you can shout "Don't come in here" and people assume you're wrapping their presents instead of just wanting to quilt alone.

## Worth reading in the Washington Post:

Stitching 'HOPE': Woman creates quilt to honor coronavirus victims and front-line workers

Hold the ctrl button and click anywhere on the URL with your mouse or finger:

https://www.washingtonpost.com/

lifestyle/2020/11/27/hope-quilt-coronavirus/?

## Binding Strip Cutting Chart



The total strip length in this chart is in inches, and already accounts for the inches lost when strips are pieced together. This chart assumes strips are cut from a fabric width of 40 inches to allow for trimming off selvedge edges, and that strips are joined with a 45-degree seam. Therefore you may get more final length if your fabric is wider or you join the strips with a straight seam.

 Measure your quilt's perimeter (length + width X 2), then ADD 10 inches to the total to allow for beginning and ending overlap. Example: My quilt measures 55" by 75".

55" + 75" = 130" 130" x 2 = 260"

260" + 10" = 270" total pieced strip length needed

2. Choose your binding strip width, then follow across the chart until you locate the "total length" that is greater than your needed length. In the example to the left, a 270-inch strip is needed. If I want binding 2-1/2 inches wide, I need 8 strips cut from 20" (or 5/8 yd.) of fabric, which will yield 302 inches of binding, (Note: 7 strips will give me 265 total inches of binding - 5 inches short of what I need. But if my fabric strips are closer to 42" wide, then I would have enough length with 7 strips instead of 8 strips.)

	1 STRIP		2 STRIPS		3 STRIPS		4 STRIPS			5 STRIPS	6 STRIPS	
Binding strip width	Total length	Fabric needed										
2"	40	2" (1/8 yd)	78	4" (1/8 yd)	116	6" (1/6 yd)	154	8" (1/4 yd)	192	10" (1/3 yd)	230	12" (1/3 yd)
2-1/4"	40	3" (1/8 yd)	77	5" (1/6 yd)	115	7" (1/4 yd)	153	9" (1/4 yd)	191	11" (1/3 yd)	228	14" (1/2 yd)
2-1/2"	40	3" (1/8 yd)	77	5" (1/6 yd)	115	8" (1/4 yd)	152	10" (1/3 yd)	190	13" (3/8 yd)	227	15" (1/2 yd)
2-3/4	40	3" (1/8 yd)	77	6" (1/6 yd)	114	9" (1/4 yd)	151	11" (1/3 yd)	189	14" (1/2 yd)	226	17" (1/2 yd)
3"	40	3" (1/8 yd)	77	6" (1/6 yd)	114	9" (1/4 yd)	151	12" (1/3 yd)	188	15" (1/2 yd)	225	18" (1/2 yd)
3-1/4"	40	4" (1/8 yd)	76	7" (1/4 yd)	113	10" (1/3 yd)	150	13" (3/8 yd)	187	17" (1/2 yd)	223	20" (5/8 yd)
3-1/2"	40	4" (1/8 yd)	76	7" (1/4 yd)	113	11" (1/3 yd)	149	14" (1/2 yd)	186	18" (1/2 yd)	222	21" (5/8 yd)
3-3/4"	40	4" (1/8 yd)	76	8" (1/4 yd)	112	12" (1/3 yd)	148	15" (1/2 yd)	185	19" (5/8 yd)	221	23" (2/3 yd)
4"	40	4" (1/8 yd)	76	8" (1/4 yd)	112	12" (1/3 yd)	148	16" (1/2 yd)	184	20" (5/8 yd)	220	24" (2/3 yd)

	7 STRIPS		8 STRIPS		9 STRIPS		10 STRIPS		11 STRIPS		12 STRIPS		13 STRIPS	
Binding trip width	Total length	Fabric needed	Total length	Fabric needed	Total length	Fabric needed	Total length	Fabric needed						
2"	268	14" (1/2 yd)	306	16" (1/2 yd)	344	18" (1/2 yd)	382	20" (5/8 yd)	420	22" 5/8 yd)	458	24" (2/3 yd)	496	26" (3/4 yd)
2-1/4"	266	16" (1/2 yd)	304	18" (1/2 yd)	342	21" (5/8 yd)	379	23" (2/3 yd)	417	25" (3/4 yd)	455	27" (3/4 yd)	493	30" (5/6 yd)
2-1/2"	265	18" (1/2 yd)	302	20" (5/8 yd)	340	23" (2/3 yd)	377	25" (3/4 yd)	415	28" (5/6 yd)	452	30" (5/6 yd)	490	33" (1 yd)
2-3/4	263	20" (5/8 yd)	300	22" (5/8 yd)	338	25" (3/4 yd)	375	28" (5/6 yd)	412	31" (7/8 yd)	449	33" (1 yd)	487	36" (1 yd)
3"	262	21" (5/8 yd)	299	24" (2/3 yd)	336	27" (3/4 yd)	373	30" (5/6 yd)	410	33" (1 yd)	447	36" (1 yd)	484	39" (1-1/8 yd)
3-1/4"	260	23" (2/3 yd)	297	26" (3/4 yd)	334	30" (5/6 yd)	370	33" (1 yd)	407	36" (1 yd)	444	39" (1-1/8 yd)	481	43" (1-1/4 yd)
3-1/2"	259	25" (3/4 yd)	295	28" (5/6 yd)	332	32" (1 yd)	368	35" (1 yd)	405	39" (1-1/8 yd)	441	42" (1-1/6 yd)	478	46" (1-1/3 yd)
3-3/4"	257	27" (3/4 yd)	293	30" (5/6 yd)	330	34" (1 yd)	365	38" (1-1/8 yd)	402	42" (1-1/6 yd)	438	45" (1-1/4 yd)	475	46" (1-1/3 yd)
4"	256	28" (5/6 yd)	292	32" (1 yd)	328	36" (1 yd)	363	40" (1-1/8 yd)	400	44" (1-1/4 yd)	436	48" (1-1/3 yd)	472	52" (1-1/2 yd)

## Stay Healthy!

## Be Good to Yourself, Rocky Mountain Wa Shonaji Members

Bubble Bath

BREATHE deeply

LOVE others

CALM attitude MANICURE (at home)
COUNT blessings See MOVIES (stay home)

CREATE NEW hair style
DAYDREAM PLAY games

DISCOVER POSITIVE thinking

ENJOY the day READ

EXERCISE SELF-ESTEEM
Be FLEXIBLE SLEEP late
FORGIVE SMELL roses

Do GOOD deeds SMILE

HUG TAKE a break
Eat LEAN Buy a TREAT
LEARN something new **Don't WORRY** 

### HAPPY THANKGIVING TO YOU ALL!

-Nannette O. Locke

## Exercise Your Body, Occupy Your Mind

Be as active as you can—even indoors—to boost your immunity. And, to make this stay-athome period easier, exercise your mind with these fascinating videos.

This link will take you to a video about quilter Ed Johnetta Miller that you might be interested in.

https://www.csmonitor.com/

Daily/2020/20201117?

 $\underline{cmpid} \underline{=} \underline{ema:} \underline{ddp:} \underline{20201117:} \underline{1117310:} \underline{toc\&sfmc\_su}$ 

b=15797228#1117310

These exhibits were referenced in the video about the exhibits in Minnesota, curated by Dr. Carolyn Mazloomi.

<u>We Are the Story – Textile Center</u> (textilecentermn.org)

Racism: In the Face of Hate We Resist - Preview | American Swedish Institute (asimn.org)

REMEMBER,
PEOPLE WILL SEE
YOUR QUILTS
LONG AFTER YOU
ARE GONE NOT YOUR
HOUSEWORK!







# You know you are a guilter if...

You have more fabric in your home than food.

"FAT QUARTERS"
are not used in chicken recipes.

You leave your ironing board up all the time, but you never iron clothes.

## TOU PET FABRIC

People are always picking threads off your clothes.

You are able to measure a 1/4" without a ruler.

"Featherweight" has nothing to do with boxing.

UFO's are not from outer space.

YOUR "STASH" CANNOT BE FLUSHED DOWN A TOILET DURING A POLICE RAID.

www.wishuponaquilt.com

Thank you to Geneva Lottie, Camilla Edwards, Christine Jacques, Artie Johnson, Mary Lassiter, Nannette Locke, De Lois Powell, Carolyn Somerville, Paula Clifton, and Joanne Walton for their contributions to this newsletter.

The photo of Carolyn Mazloomi on page 7 is printed with her permission.

Editor Julie Marsh, juliemarsh11@comcast.net