

# Rocky Mountain Wa Shonaji Loose Threads

## Bad News: March, April, May Guild Activities Cancelled

## Good News: More Time to Quilt “at Home and Alone”!

The novel Coronavirus has cancelled everything through April 30 and beyond, including meetings of the Rocky Mountain Wa Shonaji Quilt Guild. On the other hand, it’s a great opportunity to address that pile of quilts you’ve been meaning to work on!

### Cancellations/postponements as of April 1:

- April 4 and May 2 Executive Board and General Meetings (Blair-Caldwell is closed through May 11 or further notice). Programs to be rescheduled: 37 Million Motorcycles and Me with Linda White and Machine Quilting with Camilla Edwards
- April 17 Trunk Show for Susan Morrison
- April 20 Invitation from Greg Katz of Front Range Contemporary Quilters to Wa Shonaji Members. He hopes to reschedule our visit.
- May 9 Documentation postponed, pending further notification.

### Not cancelled:

- Wa Shonaji’s new blog! Alan White has set up a blog on the Wa Shonaji website so we can keep in touch! See pages 4 and 5 for how-tos.
- Projects—April 4 was the deadline for three projects:
  - 12.5" x 12.5" piece for August Exhibit. Keep working on it and pretend the deadline is April 4. We will collect them at our next meeting. (Truth be told, you now have more time to work on it.)
  - Round Robin: The second piece was due April 4. Again pretend the deadline is April 4 and work within your group to deliver/mail your center squares and first borders to the next person in line.
  - BOM: See pages 2 and 3 for Block 4!
- The opportunity to keep up with each other via email or phone calls. It’s vital during this time of separation. Feel free to send a note or email or pick up the phone...

My Quilt Family,  
Could one of these be the beginning of something through which you start on the journey of HOPE? You can make the CHOICE today!

- Learn to Relax
- Laugh often
- Enjoy relaxing music
- Slow Down
- Decrease debt and spending
- Practice Reconciliation
- Experience Nature
- Get appropriate sleep, nutrition, and exercise
- Say "NO" and defend boundaries
- Simplify
- Let family and friends help
- Refuse to worry
- Let God be God

Richard Swenson, MD  
— named 'Teacher of the Year' by the Christian Medical and Dental Association  
From De Lois Powell

- There’s still time to sign up for the Wa Shonaji Retreat, Oct. 29–Nov. 1, 2020, in Allenspark. Email Karen at vonPhuldesignsinc@yahoo.com about sending your \$50 deposit to hold a spot.

## 25th Anniversary Remembrance with Historical Blocks of the Month



For BOMers, I know staying at home and away from crowds are hard for some of you, but this gives you a chance to rediscover your quilting room and catch up on those blocks that are due. At this point, we have completed three blocks. We will continue on with our project and Camilla Edward's instructions for block #4, Job's Troubles, are here for you. For block presenters, please get your information to Julie on time for publication. The block schedule has been put on our website by Linda. I thank her for that.

If you have questions or comments, please contact me. Stay safe during this time.

Artie

### Historical Block 4, Job's Troubles, Due May 2

The presenter of April's BOM is Camilla Edwards. Make an unfinished 12.5" x 12.5" block, due at the Guild's May 2 meeting (or so).

When someone exhibits great endurance through all kinds of trials, annoyances, or provocations, we say that person has "the patience of Job." Among the many Old Testament examples of patience, Job is selected as the prime illustration. Job lost all his children and his wealth in a single day. He then was covered in painful sores, and his wife offered him no support—she encouraged him to give up, curse God, and die (Job 2:9). When Job's three friends came to comfort him, they could not even recognize him from a distance (Job 2:12). Adding to Job's pain, his friends falsely accused him of wrongdoing and blamed his troubles on his unrepentant heart. Through it all Job patiently endured (Job 2:10). "Dear Lord, please give me the patience of Job."

Job's Troubles is an easy block to piece using foundation paper piecing methods.

Help! I don't know how to do foundation paper piecing. <https://www.youtube.com/watch?v=t7Kx4Q7JSwQ> or <https://weallsew.com/beginner-friendly-foundation-paper-piecing/>

To piece the Job's Troubles block, you will need four copies of the foundation on page 3.

This block uses three different fabrics, two design fabrics (Fabric A and Fabric B) and a background fabric (Fabric C).

#### Piecing Directions

Piece the four foundation blocks using Fabric A for piece #1, Fabric B for piece #2, and Fabric C for pieces #3 and #4.



Using a rotary cutter and ruler, trim the four foundation blocks on the outer line, making 6.5" squares. DO NOT remove the foundation paper yet.

Join one foundation block to another foundation block forming a rectangle. Remove the foundation paper from the seam allowances only and press the seam to one side. Repeat with the other two foundation blocks.

Join the two rectangles together to form the finished Job's Troubles block. Remove the foundation paper from the seam allowances only and press the seam to one side.

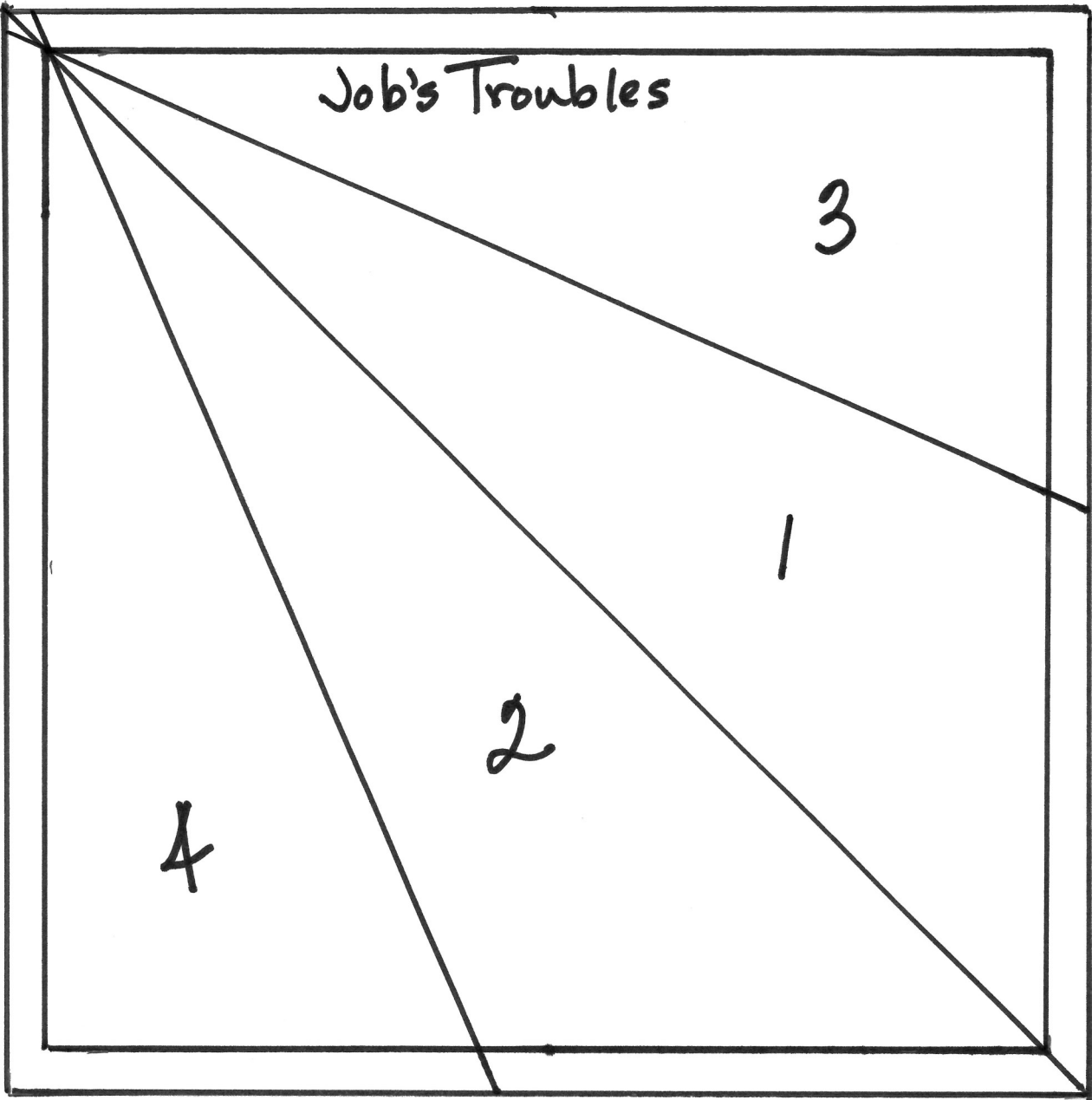
Give the block a final pressing and remove the remaining foundation paper.

—Camilla Edwards

Four Patch Blocks \* World Wide Quilting Page

Proposed updates, approved by the Executive Board, for the Guild's Bylaws will be emailed in the next week or so (and mailed to those without email). Please review carefully and make notes! We may not meet until June at which time these will be on the agenda. If you have any questions, call Julie at 720-465-9468.

Print out four of these foundation squares. For a 12.5" block, the outer square of this pattern should be 6.5" square; the inner square should be 6" square. This is very close so print at 100 percent.



## To access the new Wa Shonaji blog:

Go to washonaji.org.

Log in and go to Members' Area/Forum.

Want to read what someone else has written? Just click on one of the posts. Feel free to comment if you want.

**Forums** →

Status	Topics	Forum	Replies	Views	Users	Date
	Adding a Photo to Your Post <small>Copy, Paste, Drop, Drag, Attach</small>		0	1		3 days ago
	Kazuri Beads		0	1		3 days ago
	Trout Quilt		8	8		3 days ago

**Posts** {

You can post photos of your current project or finished accomplishment, add a recipe for Quarantine Dinners, ask a question, propose how to celebrate the end of the quarantine, show us a photo of your cute, cute grandchild or pooch...

(continued on next page)

## Update on Australian Tree Blocks for Wildfire Victims

Our tree blocks have arrived in Australia! Wa Shonaji members contributed 23 blocks that Wollongong Modern Quilt Guild, New South Wales, Australia, will make into quilts for families who lost their homes to the wildfires last fall.

The Wollongong quilters have received more than 13,500 blocks—plus whole quilt tops—from sewists in more than 31 countries around the world. This response is much greater than anticipated so entails much more work: Blocks need to be logged in, sorted into 20-block sets, and distributed to members for sewing together. But it means the WMQ Guild will be able to provide nearly 700 quilts.

Kudos to Wa Shonaji Quilt Guild for your generosity and support of this comforting effort!

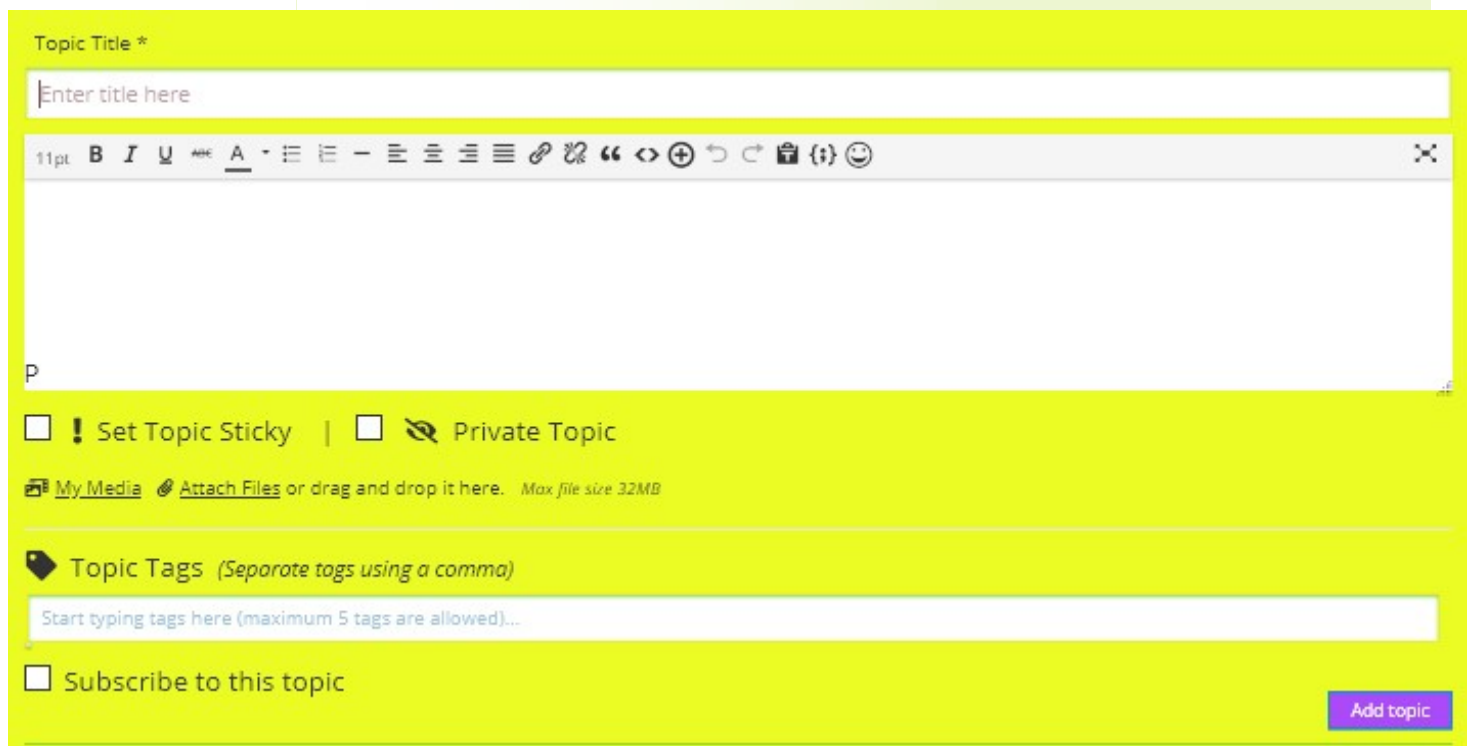
(See page 6 for more photos.)



## The new Wa Shonaji blog continued....

To add that new post -

1. Click on the forum called "What's Under Your Needle: Projects, New Skills, Questions"
2. Click "Add Topic" (top right corner)
3. Add your Topic Title.
4. Begin typing your text.

A screenshot of a forum's 'Add Topic' form. The form has a yellow background. At the top, there is a text input field labeled 'Topic Title \*' with the placeholder text 'Enter title here'. Below this is a rich text editor toolbar with various icons for text formatting (bold, italic, underline, text color, background color, bulleted list, numbered list, indent, outdent, link, unlink, quote, code, link, unlink, undo, redo, insert image, insert link, insert quote) and a close button. Below the toolbar is a large text area for the post content. Underneath the text area are two checkboxes: 'Set Topic Sticky' and 'Private Topic'. Below these is a section for attachments with the text 'My Media Attach Files or drag and drop it here. Max file size 32MB'. This is followed by a 'Topic Tags' section with a subtext '(Separate tags using a comma)' and a text input field with the placeholder 'Start typing tags here (maximum 5 tags are allowed)...'. At the bottom left is a checkbox labeled 'Subscribe to this topic'. At the bottom right is a purple button labeled 'Add topic'.

5. Drag & drop in a picture if you want to show everyone your latest project.
6. You can add a Topic Tag like Christmas, Snow.
7. You can check the box "Subscribe to this topic" to be notified when someone comments on your new post.
8. Click "Add Topic" at the bottom to save your post.

See a mistake in what you just posted? You have five minutes to correct any typos to make your new post perfect.

Just click around the site to see what you can find.

Questions? Alan is happy to help in any way he can. Feel free to call him at 720-446-1912 or email [twowhites@gmail.com](mailto:twowhites@gmail.com). Thank you, Alan!





*Have you met Sister Stitcher? She is a mythical quilter whose quarter inch never wavers, whose bobbin never runs out, and who finishes her projects on time. She lives in a house that never needs cleaning, with a spouse who cooks and holds up quilts as requested. Her studio space measures 100x100, with lots of natural light. Oddly enough, it never needs cleaning either. Sister Stitcher is talking about staying in touch while staying safe at home.*

*Sister Stitcher, I am sewing up a storm. I made my birthday quilt. The piece for RMWSQG's show is done, and I'm thinking about making a piece for "We the People." With my hoarding, I mean COLLECTING skills, I have everything I need, even batting.*

*What I don't have is company! I miss you. I miss everyone in Wa Shonaji. I even miss the library staff at Blair-Caldwell.*

*Lonely*

Dear Lonely,

Sister so hears you. Even with Mr. Stitcher, it's hard. He's a fine man, but he just doesn't get fabric grain. Worse, he doesn't dance. (I know, DeLois, right?!)

Sister has been more than usually active in her quilt groups on Facebook. A lot of newcomers have found

Black Girls Quilt. We're welcoming new lambs to the fold, showing our work and sharing resources. Online shopping is especially popular in this group! Sister is thinking of ordering from Cultured Expressions after she sews through her current stash.

The Quilt As You Go and Quilting, Perfectly Imperfect groups have been good gathering places too. Lots of moms, sisters, grandmas, and aunts posting pictures of their young folk learning to sew.

If there is enough interest, RMWSQG could consider a Skype or Zoom meeting. With these online tools, sisters could see one another's pretty faces, ooh and ahh over our quilts, and offer advice. Sister has a Zoom account of her own, but has never hosted.

Thoughts?

## More Beautiful Wa Shonaji Tree Blocks for Australia Wildfire Victims...



## Need More to Sew? Here Are Two Worthwhile Projects

### 1619 Community Quilt Project

Sons & Daughters of the United States Middle Passage are collecting Sunshine & Shadow Log Cabin blocks for their 400-Year Commemorative Community Quilt Project. The deadline for blocks has been extended to August 31, 2020. Many more blocks are needed. For more information, see the [website](#).

Thank you so much for your submissions!!



### Violet Protest

The Violet Protest is a public effort to send 50 hand-made textile squares to each and every member of Congress in support of these core American Values: Civility and Respect, Citizenship, Compromise, Country over party and corporate influence, Courage, Candor, Compassion, and Creativity.

Wa Shonaji Quilt Guild and the eQuilter Charity Sew Project are cooperating in the Violet Protest proposed for makers across the 50 United States and Puerto Rico. Fourteen RMWS members have agreed to participate. eQuilter's Luana Rubin has provided red and blue fabrics to these members for this project.

Thank you to RMWS members who have agreed to participate:

**All squares are to be made using equal parts of red**

Brenda Ames  
Carolyn Borwick  
Pennie Estrada  
Stephanie Hobson  
Christine Jacques  
Artie Johnson  
Reniese Johnson

Nannette Locke  
Julie Marsh  
De Lois Powell  
Edith Shelton  
Carolyn Somerville  
Joanne Walton  
Ann Worsencroft

**and blue**, with makers free to combine prints and colors, textures, stitching, and yarns as long as they make a square. That equal combination of red and blue will create an overall presentation of *violet* in the final display.

On behalf of this RMWSQG/eQuilter Project, Christine and De Lois hope to collect these beautiful blocks

(8½" x 8½"; for a finished block of 8" x 8") at our May and June 2020 meetings so they can be sent, along with your special labeling tag, for receipt by the artist ([annmortonaz.com](http://annmortonaz.com)) on or before the August 15 due date.

Project participants are encouraged to visit the website ([www.violetprotest.com/](http://www.violetprotest.com/)), sign up as a volunteer, complete the form provided for blocks you are preparing, and either mail these to the contact address provided **OR** your blocks, along with completed form(s), can be collected at the May and June RMWSQG meetings for collective mailing. This project, once completed, will represent a virtual, artistic gesture of *friendly protest* when the blocks are presented to members of the 117th US Congress.

—Project leads, De Lois Powell and Christine Jacques

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Find more information at [www.violetprotest.com/](http://www.violetprotest.com/), the home page. To volunteer to make squares, visit <http://www.violetprotest.com/volunteer.html>. Click on the "volunteer now!!!" button.

Once on the Sign Up Genius Violet Protest group, go to the "number of squares" group you want, scroll to the bottom of that group, and click on "sign up" (there is a lot of scrolling, because there are lots of names; we are working to make it less "crowded").

Then, go to the very bottom of the web page and click on the big black button "submit and sign up."

That takes you to the page where you fill out your address info and you are signed up.

Thank you to De Lois Powell for proofreading and telling me which jokes didn't work! She saves me!  
Editor Julie Marsh, [juliemarsh11@comcast.net](mailto:juliemarsh11@comcast.net)